

What happens when lead enters your body?

Lead enters the body when children or adults breathe in lead dust or swallow items that contains lead. Children can be exposed to lead when they put their contaminated hands, toys, or other leaded objects into their mouths.



STOMACH

Lead is absorbed into the body through the stomach. This happens more easily when a child's stomach is empty or when a child has poor nutrition.



BRAIN

Lead can slow brain activity and may cause learning difficulties or behavioral problems.



KIDNEYS

The kidneys can be damaged by high levels of lead in the body.



BLOOD

The bloodstream carries lead throughout the body.



BONES

Lead can build up in the bones and then slowly re-enter the bloodstream.



Learn more about childhood lead poisoning and what you can do to prevent it.

Attach business card here



Green & Healthy Homes Initiative®



Do's and Don'ts of Lead Poisoning Exposure

Do's



Do wash your child's hands and face frequently, especially before eating, naptime, bedtime, and after playing outside.



Do wash toys and pacifiers daily.



Do leave shoes at the door to keep dust and soil from entering your home.



Do give your child healthy meals and snacks that are high in iron, calcium, and vitamin C.



Do allow cold water to run for a minute before using it for food or drink preparation.



Do change out of work clothes before entering the house. Handle work clothing carefully and wash separately.

Don'ts



Don't let your child play in areas where bare soil is showing.



Don't place children's furniture or toys near chipping/peeling paint, specially near windows.



Don't let children touch or eat chipping/peeling paint, especially from windows or porches.



Don't prepare, store, or serve food in lead containing cans, crystal, or ceramic dishes made with lead glaze.



Don't give children candy or toys from other countries



Don't let children play with keys or any jewelry. Keys and jewelry may contain lead.

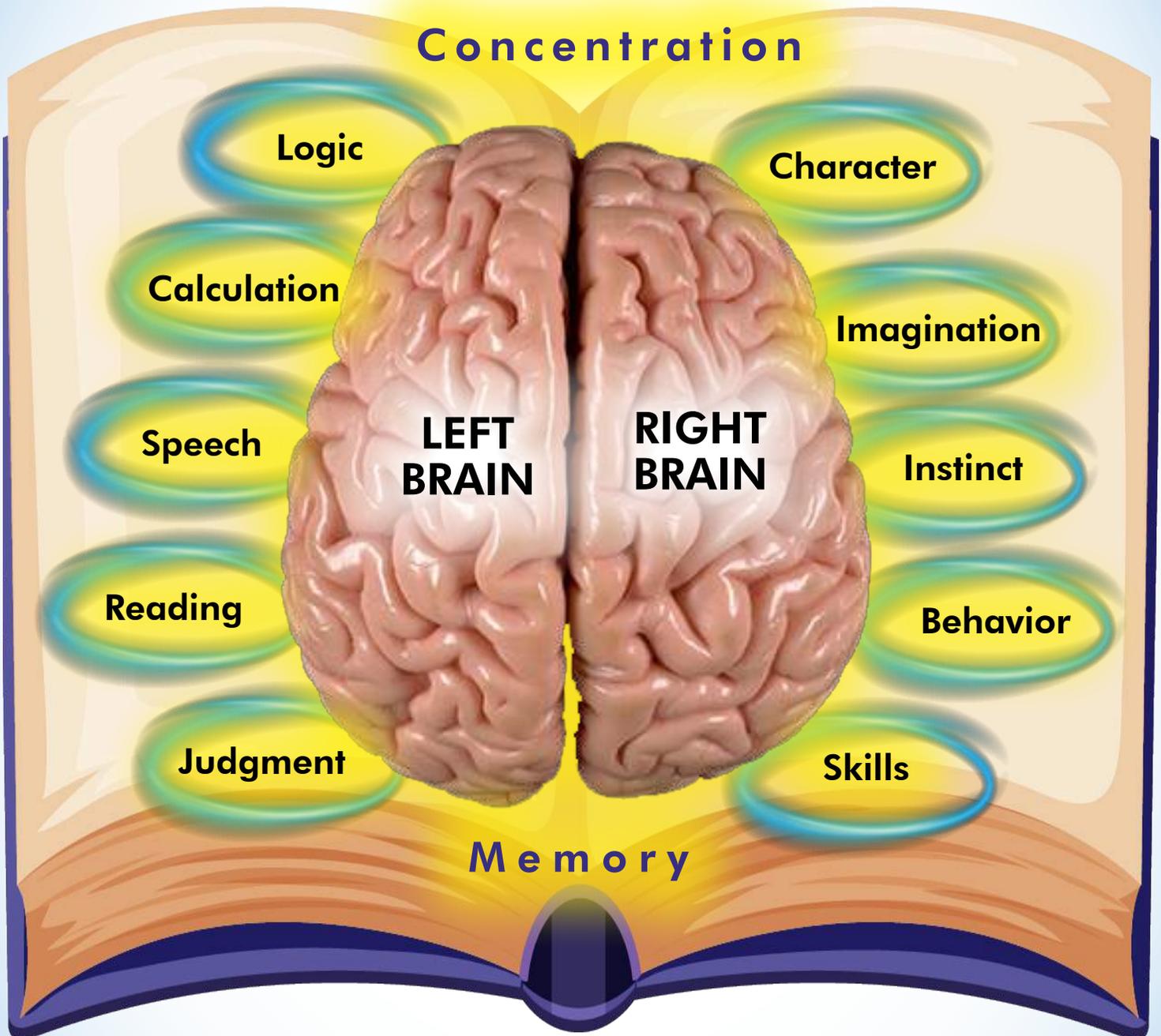


Don't use hot water from the tap for food or drink preparation or mixing baby formula.



LEAD POISONING DANGERS

Lead interferes with the normal function of the body and is very toxic to the **BONES, LIVER, KIDNEYS,** and the **BRAIN.**



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